

# Fact Sheet: KIDNEY TRANSPLANTATION in NC

When someone experiences kidney failure, there are three potential treatments: 1) hemodialysis, 2) peritoneal dialysis, and 3) kidney transplantation. Frequently, patients consider the quality of life afforded by a successful kidney transplant to be better than the quality of life associated with dialysis.

## Kidney Transplant Fast Facts

There are 2 types of kidney transplants: those that come from living donors and those that come from unrelated donors who have died (non-living donors).

*In North Carolina, as of April 8, 2011:*

- ◆ 3,474 persons are candidates for organ transplantation
- ◆ 2,949 are candidates for a kidney transplant

*In North Carolina in 2010,*

- ◆ 604 kidney transplants were performed
- ◆ There were 475 deceased kidney donors and 129 live kidney donors
- ◆ Over 60% of licensed drivers were actionable designated organ donors

## If you are interested in becoming a living donor you should know that:

- ◆ Transplant only occurs if there is: 1) a good chance of successful outcome for the recipient, 2) low risk to the donor (you), and 3) voluntary consent of both parties.
- ◆ You must have health insurance to ensure care for any health problems detected in your pre-transplantation medical examination.
- ◆ Over 90% of donors experience no complication
- ◆ A matched pair donation is an option if you are not a compatible donor for your loved one

## If you would like to become an organ donor:

Register as an organ donor on your North Carolina driver's license  
<https://www.donatelifenc.org/becomeadonor/> or  
[http://www.ncdot.org/dmv/other\\_services/general/electives.html](http://www.ncdot.org/dmv/other_services/general/electives.html)