

Mail-In Entry Form

Name: _____

Address:

Sex: M F

Age on Race Day: _____

Date of Birth: _____

T-Shirt Size: S M L XL

Phone Number: _____

Email: _____

Make checks payable to UNC Kidney Center and mail to:

**UNC Kidney Center
 Attn: Suzie Hosman
 6006 Burnett-Womack Bldg
 CB # 7156
 Chapel Hill, NC 27599**

Kidney Kare Run Waiver

I hereby release all agencies whose property and/or personnel are used and other sponsors or individual(s) from responsibility for any injuries and/or damages I may suffer as a result of my participation in the Kidney Kare Run. I hereby certify that I am in good condition and am able to safely complete the event. I understand that the entry fee is non-refundable. As a participant, I certify that all information provided on this form is accurate and complete.

 Signature Date

 Parent or guardian is under 18 years of age

Race Sponsors

Thank you so much for your support!

- Amgen
- Astellas Pharma US, Inc.
- Fleet Feet Carrboro
- Genzyme
- Roche
- The Printery
- The Open Eye

Parking will be available in the McDougle Middle School and Elementary School on the front of the building (Old Fayetteville Rd side).

Directions: Take highway 54 toward Carrboro and exit on Old Fayetteville Road. The school will be approximately 3/4 mile on your right.

Race Results will be available at:

www.offnrunningsports.com

Remember to Ask....

Hey Doc, how are my kidneys?

Phone: (919) 966-2561 x 311
 Suzie_hosman@med.unc.edu



**Kidney Kare Run
 5k Run/Walk
 March 24, 2007
 Carrboro, NC
 8:30 AM**



Benefiting

UNC Kidney Center Education
 Outreach Program

Kidney Kare 5k Run/Walk

The annual Kidney Kare Run is a fund raising event for the UNC Kidney Center’s Kidney Education Outreach Program (KEOP). Nationally, North Carolina ranks 9th among the 50 states in the percentage of citizens with end-stage kidney disease. Promoting increased citizen awareness about the major risk factors for developing chronic kidney disease (diabetes, high blood pressure, a family history of kidney disease) through local media and community-based outreach activities and providing free screenings for citizens at risk for developing chronic kidney disease are key elements of the KEOP.

Our goal is to prompt citizens to ask “Hey doc, how are my kidneys?” **before** they develop chronic kidney disease—when intervention can slow and, in many cases, stop the progression to end-stage kidney disease.

Come walk and run with us on March 24th, 2007 and help us reduce the presence and burden of kidney disease in North Carolina!

100% of your registration fee is tax deductible with proceeds going to the UNCKC’s KEOP outreach fund.

Overview

Join us for the second annual Kidney Kare 5k run/walk. The 5k course will wind it’s way through Carrboro, starting and finishing at McDougle Middle School. All proceeds benefit the UNC Kidney Center Education Outreach Program.

Schedule of Events

Friday, March 23 12:00-7:00 pm
Late registration & packet pick-up.
Fleet Feet Carrboro
200 N. Greensboro St. Carrboro, NC

Saturday, March 24 7:00-8:15 am
Late registration & packet pick-up.
McDougle Middle School Gym.

Race Start 8:30 am

All runners will be chip-timed. No official times will be recorded for the walk, but participants will be able to see their finishing times on the digital clock at the finish line.

Course

The race starts and finishes at McDougle Middle School. The course will take you through Carrboro neighborhoods. All participants will follow the same course.
<http://www.usatf.org/routes/view.asp?rID=81973>

Awards

Presented after last finisher completes the course.

5k run will present awards to 1st overall and master’s overall and in 5 year age groups: (both sexes) 19-under, 20-24, 25-29,...65-up.

More Information

Visit www.unckidneycenter.com

WHAT: Kidney Kare 5k Run/Walk

WHEN: Saturday, March 24
8:30 AM

RACE COURSE: Start/finish at McDougle Middle School

REGISTRATION 5k Run/Walk

\$25 postmarked by March 20
\$25 register online at
www.unckidneycenter.com
\$30 at packet pick up on March 23 at Fleet Feet Carrboro
\$35 Race Day at McDougle Middle School

I am registering for the:

5k RUN _____
5k WALK _____

Race Fees: _____
Add’l Donation: _____
Total enclosed: _____

Additional donations are welcomed and encouraged. All entry fees are 100% tax deductible.

NO REFUNDS/Race will run rain or shine

Long sleeve 100% cotton T-Shirts with unique race logo provided to all participants.

Contact : (919) 966-2561 x 311